

STUDY MATERIAL (2019-2020)

SUBJECT. EVS

CLASS: 2ND STD

CHAPTER: 1

OUR BODY

1. Parts of the body.

Head, Ears, Chin, Shoulders, Arms, Legs, Fingers, Knee, Ankle, Eyes, Nose, Neck, Chest, Elbow, Foot.

Q1. What are internal organs?

Ans. The organs which are present inside our body are called as internal organs e.g. Brain, Lungs, stomach etc.

Q2. What are external organs?

Ans. External organs are those organs which we can see e.g.

Eyes, nose, ears etc.

Q3. Write the name of five sense organs.

Ans. Eyes, Ears, Nose, Skin and Tongue.

Q4. Write the functions of sense organs.

Ans. Eyes help us to see.

Ears help us to hear.

Tongue helps us to taste.

Nose helps us to smell.

Skin helps us to feel.

Q5. What is the function of brain?

Ans. It controls our body parts. It also helps us to learn, think and remember.

Q6. What is the function heart?

Ans. It pumps blood to all our body parts.

Q7. What is the function of stomach?

Ans. It helps us to digest the food we eat.

Q7. What is the function of lungs?

Ans. Lungs help us to breathe.

II. Fill in the blanks:

1. Body parts are also called as organs.
2. We cannot see internal organs.
3. Eyes and ears are external organs.
4. Brain helps us to think, learn and remember.

III: Tick the correct option:

1. Brain controls all our body parts.

a. Lungs b. Brain (✓). c. Stomach

2. Legs and feet help us to walk.

a. Walk (✓) b. write c. Eat

3. We can see things with our

a. Tongue b. Nose c. Eyes (✓)

4. I use my mouth for speaking

a. Nose b. Skin c. Mouth (✓)

CHAPTER: 2

(KEEPING FIT)

Q1. Name any two exercises which you do to keep yourself fit and active.

Ans.1. I go for a walk daily.

2. I play football.

Q2. Write any one healthy eating habit that you follow.

Ans. I eat fresh and healthy food.

Q3. Why should we keep our body in a good posture?

Ans. We should keep our body in a good posture because it gives proper shape to our body.

Q4. Write any five good habits.

Ans1. Drink plenty of water

2. Eat fresh and healthy food
3. Take proper rest.
4. Chew your food properly.
5. Take a bath daily.

II. Fill in the blanks.

1. Daily exercise keeps us active and healthy.
2. Position of our body is called posture.
3. We should keep our back straight when we sit or stand.
4. We should sleep at least eight hours every day.

CHAPTER 3

(MY FAMILY)

Q1: What is a family?

Ans. A group of people who live together is called a family. They are related to each other.

Q2. What is a surname?

Ans. Members of the family have a common last name called surname.

Q3. Write the name of the youngest member in your family.

Ans. _____.

III. Tick the correct option:

1. My father's father is my

a. uncle b. brother c. grandfather(✓)

2. My father's mother is my

a. Aunt b. Grandmother (✓) c. Sister

3. My uncle's son is my

a. cousin(✓) b. father c. grandfather.

4. My uncle's wife is my

a. cousin b. aunt(✓) c. sister

5. My father's brother is my

a. uncle(✓) b. grandfather c. cousin